

The 15-Minute Holiday Money Reset

A simple, good-enough plan for figuring out what the holidays will really cost before the spending starts.

No complicated budget. No perfect plan. Just the numbers you actually need.

1

Start With Your Real Number

Holiday spending limit

Money already saved

Still need to save

Weeks or paychecks left

Amount to set aside each time

2

Where Is the Money Actually Going?

Gifts

Food + hosting

Travel + gas

Teachers + childcare

Holiday tips

Activities

Shipping

Wrapping + cards

Clothes + events

Just-in-case buffer

*Something always comes up.
That's what the buffer is for.*

TOTAL PLANNED



The Gift List

More expensive doesn't automatically mean more meaningful.

Before You Buy It...

- ☐ Was this already in the plan?
- ☐ Does it fit the amount I set aside?
- ☐ Am I buying it because I want to, or because I feel like I should?
- ☐ If I wait until tomorrow, will I still want to buy it?



Good enough is the goal. A little planning now means less money stress later.